



CENTRAL ADOPTION RESOURCE AUTHORITY

(A Statutory Body of the Ministry of Women and Child Development, Govt of India)

Email: www.cara.nic.in



ADOPTION MADE SIMPLER

NEW ADOPTION GUIDELINES EFFECTIVE FROM 01.08.2015

- **ENTIRE ADOPTION PROCESS MADE ONLINE**
- **FOR ADOPTION REGISTRATION PROSPECTIVE ADOPTIVE PARENTS(PAPs) CAN LOGIN INTO CHILD ADOPTION RESOURCE INFORMATION AND GUIDANCE SYSTEM (CARINGS) PORTAL (www.cara.nic.in)**
- **ALL ADOPTIONS OUTSIDE CARINGS PORTAL ARE STRICTLY PROHIBITED AND PUNISHABLE BY THE LAW**
- **TAKING CHILDREN DIRECTLY FROM HOSPITALS, MATERNITY CLINICS, NURSING HOMES OR OTHER UNAUTHORIZED SOURCES IS AN OFFENCE**

**Issued in public interest by Directorate of Social Welfare,
Government of Meghalaya**

In case of Query & for Further Information, You may Contact the Office of State Adoption Resource Agency (SARA),
Phone Number-0364-2501268



ADOPT- THE RIGHT WAY

Do's

- Only adopt from Specialised Adoption Agencies (SAAs) recognised by State Governments
- Read Guidelines carefully on the website and follow prescribed procedure
- Follow the steps correctly for your successful online registration on CARINGS (www.cara.nic.in)
- Upload correct documents only

Don'ts

- Do not approach any nursing home, hospital, maternity home, unauthorised institution or individuals for adoption
- Do not upload incorrect documents, else your registration will be cancelled
- Do not pay any additional adoption charges other than prescribed in CARA Guidelines
- Adoption from unauthorised source & illegal means may invite penal action under chapter 8 of the Juvenile Justice (Care & Protection of Children) Act, 2015



**There is no role of touts/middlemen in adoption
They may mislead you to adopt a child illegally**

CENTRAL ADOPTION RESOURCE AUTHORITY (CARA)

Ministry of Women and Child Development, West Block-8, Wing-II, 2nd

Floor, R.K. Puram, New Delhi-110066 (India)

Telephone Numbers +91-11-26180194, E-mail: carahdesk.wcd@nic.in, www.cara.nic.in

Toll-Free No: 1800 11 1311

PROCEDURES ON HOW TO ADOPT:

In-Country Adoption

- Step 1: Prospective Adoptive Parents (PAPs) can register themselves online through the website www.cara.nic.in in CARINGS (Child Adoption Resource Information and Guidance System) portal. The seniority of the PAPs shall be from the date of the registration in CARINGS.
- Step 2: After the Registration is confirmed in CARINGS, the Home Study Report of the PAPs will be conducted by the SAA in the State where the PAPS are located, through its Social Worker.
- Step 3: The PAPs shall be given the opportunity to view the photograph up to six children.
- Step 4: Acceptance by the PAPs as per their child preference as shown to them in the CARINGS portal.
- Step 5: Pre-Adoption foster Care and filing of adoption in the court.
- Step 6: Court Order.
- Step 7: Birth certificate.
- Step 8: Post Adoption follow-up 2 years.

Inter-Country Adoption

- Step 1: Prospective Adoptive Parents (PAPs) can register themselves online through the website www.cara.nic.in in CARINGS (Child Adoption Resource Information and Guidance System) portal. The seniority of the PAPs shall be from the date of the registration in CARINGS.
- Step 2: Initial scrutiny by CARA
- Step 3: Profile of 2 Children shall be referred and reservation of one of the children with 96 hours
- Step 4: Acceptance of the child within 30 days from the date of referral
- Step 5: NOC by CARA after compliance of all procedure and on receiving of letter of approval/permission of the receiving country
- Step 6: Pre-Adoption Foster Care by PAPs after CARA NOC and filing of adoption petition with 7 days by the SAA of the district where the child is located
- Step 7: Court shall dispose of the case with a period of 2 months
- Step 8: Birth Certificate
- Step 9: Passport and Visa, intimation to immigration authorities, conformity certificate, birth certificate, etc
- Step 10: Follow-up on quarterly base during the first year and an six monthly in the 2 year and post adoption counselling.